

# Radiation Safety Officer & Authorized User Training For Veterinarians and Veterinarian Technicians 40-Hours

# **SYLLABUS**

PRESENTED BY:

Applied Environmental Consulting, Inc.

COURSE OVERVIEW History of Radiation

Fundamentals of Radiation Radioactivity Measurements

Half-Life

Interaction with Matter and Biological Effects

Dose and Dose Risks

**Radiation Protection Techniques** 

Radiation Detection and Instrumentation

Regulatory Authorities Ensuring Compliance

**Radiation Safety Officer Duties** 

Use and limitations of the Radiation Work Permit (RWP)

Characteristics of Iodine-131

Contamination control: Fixed, Airborne, Removable

Swipes, Surveys, Spills and Waste Administration of I-131 and Discharge

Cat Owners' Instructions Dosimetry and Bioassays Records Management

Transportation and Opening Packages

MATH REVIEW How to use the Math Primer

Basic Math Algebra Review Scientific Notation

Exponents and Logarithms
Using Your Calculator
Radiation Math

Radiation Math Radioactivity Half-Life

Time, Distance and Shielding Radiation Work Permit (RWP)



# **LESSON 1**: HISTORY OF RADIATION DISCOVERY, HISTORICAL EVENTS & EMERGENCE OF REGULATORY AGENCIES

TOPIC 1 The Beginning

TOPIC 2 Discovery of Radiation

Henri Becquerel Wilhelm Roentgen Madam Curie (Plus others)

TOPIC 3 Development of Nuclear Technology

Manhattan Project Albert Einstein Enrique Fermi

Development of the Nautilus

Development of the Atomic Energy Act

# **LESSON 2: RADIATION FUNDAMENTALS**

TOPIC 1 Energy Spectrum

Ionization

Non-Ionizing

TOPIC 2 Atomic Structure

Nuclear Proton

Neutron: Extra-nuclear Electron: Classification

Atomic Number Atomic Weight

TOPIC 3 Unstable Atoms & Emissions

Characteristics of Radioactive Materials

Unstable Detectable

**Spontaneous Emission** 

Emission from nucleus of atoms

Photons: Gamma

Particles: Alpha, Beta, Neutron

Emissions from outer shells of atoms

Photons: X-ray



## **LESSON 3: RADIOACTIVITY AND HALF-LIFE**

TOPIC 1 Units for Disintegrations

Radioactivity
Disintegration

Disintegration per Unit Time (dps, dpm)

Curie Becquerel Total Activity

Specific Activity/Activity Concentration

Background vs. Contamination

PRACTICAL EXERCISE: Problems TOPIC 2 Half-Life

Carbon-14 Dating Short/Long Half-Lives Half-life Formula

PRACTICAL EXERCISE: Problems

#### **LESSON 4: INTERACTION OF RADIATION WITH MATTER**

TOPIC 1 Energy Disposition in Air

Interactions Ionizations Excitation

**Energy Deposition in Air** 

Roentgen

**Exposure Rates** 

TOPIC 2 Energy Disposition in Matter

RAD Gray

Relative Biological Effectiveness (RBE)

Linear Energy Transfer (LET)

TOPIC 3 Energy Disposition in the Body

REM Sievert

Dose rates

PRACTICAL EXERCISE: Problems



## **LESSON 5: RADIATION IN BIOLOGY**

TOPIC 1 Sources of Dose

External Internal

Man-made and Natural

TOPIC 2 Types of Dose

Acute

Fractionated

Chronic

TOPIC 3 Types of Dose Effects

Somatic Genetic

Teratogenic

TOPIC 4 Variable in Dose Effects

Amount of Dose Critical Organ Type of Radiation

**Individual Biological Variations** 

Radio sensitivity and Radio resistance

TOPIC 5 Types of biological effects in The Cell

Types of Biological Variations

Radio sensitivity and Radio resistance

TOPIC 6 Types of Risks

Definition

Comparisons with other types of risks

TOPIC 7 Causes of dose

Stochastic Non-Stochastic

# **LESSON 6: RADIATION PROTECTION**

TOPIC 1 Time

Principles of Exposure Control

Time

PRACTICAL EXERCISE: Problems

TOPIC 2 Distance (Inverse Square Law)

PRACTICAL EXERCISE: Problems TOPIC 3 Shielding

**HVL and TVL** 

PRACTICAL EXERCISE: Problems



TOPIC 4 As Low As Reasonably Achievable (ALARA)

TOPIC 5 Administrative Controls and Levels

**Administrative Controls** 

Establishing administrative limits Engineering (Mechanical) Controls

Signs, labels and postings

TOPIC 6 Radiation Dose Limits

**Radiation Workers** 

Members of the Public (MOP) study

TOPIC 7 Monitoring External dose

Personnel Monitoring Devices OSLDs/TLDs/Film Badges

**Pocket Dosimeters** 

TOPIC 8 Monitoring Internal Dose

Bioassays

Direct and in vitro

TOPIC 9 Active Monitors (reading real time)

Pocket Ion Chamber

# **LESSON 7: PORTABLE SURVEY METERS**

TOPIC 1 Types

Geiger-Mueller (GM)

Scintillator

Comparing instrumentation for hazards: BIOLOGICAL, CHEMICAL and NUCLEAR

TOPIC 2 Reading Results

CPM vs. DPM

Scales and displays

**Radiation Levels** 

TOPIC 3 Efficiency and Calibration

Efficiency

Calibration

TOPIC 4 Operating a Survey Meter

Battery check/Calibration check/Check source

Establish Background cpm vs. mR/hour High to Low scales

End window LAG Time (GM) Use & Care



# **LESSON 8: IMPLEMENTING A RADIATION PROTECTION PROGRAM**

Establish a Radiation Protection Manual (RPM)
Scope of Authorized Work
Role of Personnel
Radiation Safety Officer (RSO)
Advanced Authorized User (40-hour)
Authorized User (less than 40-hour, usually 8-hour)
Ancillary workers
ALARA philosophy emphasized
Time, Distance and Shielding
Contamination Control
Fixed, Removable & Airborne
Friskers, glovebox & step-off pads
Wearing of PPE & Personnel monitoring
Protective clothing
Protective masks
Performing Personnel Monitoring
Emergencies and Spills
Major Spills
Minor Spills
Storage/Disposition of radioactive wastes
Posting and Notification
Radiation Work Permit
Tools for the RSO
Documents task
Can be used in lieu of personnel badges
Record Keeping

# **LESSON 9: REGULATORY AUTHORITY**

TOPIC 1 Regulatory Agencies (Federal)

USNRC

Types of radioactive materials regulated:

By-Product Material

Source Material (Source of SNM)

Depleted uranium

Special Nuclear Materials (SNM)

Fissionable

USEPA OSHA



FDA USDOE

TOPIC 2 Non-Federal Agencies

**Agreement States and Licensing States** 

Regulate:

Naturally-Occurring Radioactive Materials

(NORM) (to include TENORM)

Naturally-Occurring and Accelerator Produced Radioactive Materials (NARM)

TOPIC 3 The Radioactive Materials License

**Authorized Materials** 

Authorized Use Authorized Users CONDITIONS Location Leak Testing Surveys Inventory

Training

Record keeping requirements

"Catch all" Condition

TOPIC 4 Role of Regulatory Agencies

Issue licenses based on:

ENGINEERING, TRAINING, PROCEDURES

Inspections Amendments Termination REGUIDE

Sealed Source and Device Registry

## **LESSON 10: ENSURING COMPLIANCE**

TOPIC 1 Annual ALARA review
TOPIC 2 Delegation of Authority
TOPIC 3 Facilities Management

Record Keeping (Maintaining LOGBOOK)

Instrument calibration

Inventory Surveys

Transfer/shipment documents Leak tests (for sealed sources)

TOPIC 4 Training

Training of new personnel and refresher



TOPIC 5 Set up a Personnel Monitoring Program

TOPIC 6 Radiation Work Permit (RWP)

**Pros and Cons** 

#### **LESSON 11: TRANSPORTATION**

TOPIC 1 Regulations

Items required to be trained in HAZMAT site specific to the facility to include: Type of packages: Type A, Type B, LSA, Strong-tight

container

Definition of Package Reportable Quantities

Bill of Lading

Labels, markings and placards

**Exempt quantities** 

Receiving/Shipping radioactive materials

Opening packages

What to do for damaged items Roles of RSO/Authorized Users

# **LESSON 12: VETERINARY I-131 INJECTIONS IN CATS**

I-131 Characteristics Volatility Radiation Protection Program

Controlled and Restricted Room

Controlled Air Supply

Contamination Control

Airborne, Fixed, Removable

Package Receipt and Opening

Administering to Cats

Surveys/Proper Instrumentation

Bioassays Post Injection and Periodically

**Dosimetry Program** 

(W.B. & Extremity Monitors)

**Cat Owner Instructions** 

**Emergency Procedures** 

Major and Minor spills

Spill kit

ALARA: Time, Distance, Shielding

**RSO Duties** 

Radioactive Waste - Decay-In-Storage

Posting and Labelling



Notice to Employees Case Histories Transportation

There will be 20 questions per LESSON test for a total of 240 questions.